Candidates wishing to be considered for any appointment process may make a “self-nomination” (also known as an "expression of interest"). via the COMU Appointments database. Candidates who do not already have an active record on the database must first go through the process of registration before they are able to make a self-nomination.

The act of making a self-nomination ensures that a candidate will be considered for the relevant board position. It also ensures that the candidate’s name will be put before the Minister at some stage in the process.

Candidates who have an active database record and have a general interest in governance roles, will be eligible to be considered for any positions for which COMU runs an appointment process, whether or not they have made a self-nomination. This is because COMU will undertake searches of the database to determine whether any candidates have the appropriate skills and therefore should be added to the list to be considered.